

THE WOODLANDS HIGH SCHOOL 2017-2018 HIGHSTEPPER PROGRAM GRADES 9-12

ORGANIZATION

The Woodlands Highsteppers will consist of grades 9 – 12. The organization will have no set membership number.

TRYOUT PROCEDURES

All candidates will tryout together. **The clinic will be held Friday, April 21 from 7:00-8:25 AM(Incoming 9th-McC Campus), 3:00-4:30(Incoming 10th-12th New Candidates only-Sr.Campus; April 24 – 26 from 7:00-8:25 AM(Incoming 9th) at McC and 3:00-4:25 at the TWHS Senior campus; April 27 4:15-6:00 All Candidates-Sr. Campus Mock Tryouts will be held Friday, April 28th from 4:15 –until completion at the Senior Campus. Candidates must provide their own transportation. Tryouts will be held April 29th from 7:30 am – 1:00 pm at the senior campus.**

Nondiscrimination Statement

The Conroe Independent School District does not discriminate on the basis of race, religion, color, national origin, gender, or disability in providing education services, activities, and programs, including vocational programs, in accordance with Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Educational Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

- 1. The Woodlands Highsteppers do not have a pre-set membership limit or percentage for membership from any particular grade level.**
2. Although helpful, no previous knowledge, training, or experience in drill team, is necessary in order for a candidate to try out for The Woodlands Highsteppers. The candidates will be taught everything that they will need to know during the learning/practice sessions prior to try outs.
3. Dress for the learning/practice sessions must be comfortable, as well as appropriate. Leotards are recommended for high school candidates, but shorts and T-shirts can be worn. Tennis shoes are required. No cut-offs, halter tops tube tops, midriff tops, will be allowed. Inappropriately dressed candidates will be asked to leave practice sessions.
4. Dress for judging will consist of leotards and tights, tennis shoes(preferably keds), and hair tied off the face.
5. Each candidate will be given a number for use during judging. The names of candidates selected for drill team membership will be posted ONLINE on the director's website by tryout numbers. No announcements will be made on the try out day.
6. The Woodlands Highsteppers will be selected totally by a panel of judges from outside the Conroe Independent School District.

POST TRYOUT INFORMATION

Transportation will be provided for 9th grade members to return to the 9th grade campus after 1st block. They will also be provided for after school practice.

There will be a mandatory meeting held for candidates making the team Tuesday, May 9th 6:00 pm at TWHS. Uniform orders and deposits are due.

It is NOT necessary to have a physical on file prior to tryouts. The included medical release form will be accepted for tryouts. Physicals for the 17-18 school year will not be accepted if they are dated prior to April 15th, 2017. Physicals will be offered through the school sometime in May and due to Ms. Smith by Thursday, June 1st.

The Highsteppers will perform at all Varsity Football games, some parades, selected pep rallies and Basketball games. They will compete during the spring.

HIGHSTEPPER SCORING CRITERIA

SCORING SCALE:

Excellent	7 -10 pts.
Average	5 - 6 pts.
Needs Improvement	1 - 3 pts.

SCORING:

General Appearance 10 pts

Lift Kicks:

Height 10 pts

Technique 10 pts

Jump Kicks:

Height 10 pts

Technique 10 pts

Presentation 10 pts

Overall Selection YES NO MAYBE (Recall)

Jazz Dance:

Lyrical Technique 10 pts

Jazz Technique 10 pts

Presentation 10 pts

Overall Selection YES NO MAYBE (Recall)

RECOMMENDATION FOR MEMBERSHIP: YES NO MAYBE (Recall)

DISREGARD THIS FORM IF CURRENT PHYSICAL IS ON FILE (CURRENT HIGHSTEPPERS AND HIGHLAND GIRLS)

Conroe Independent School District

Medical Release for Try-Outs

(For Cheerleading and Drill Team use only)

Student's Name: _____

Date of Birth: _____ Sex: _____ Student's Social Security: _____

School: _____ Grade: _____ Home Phone: _____

Student's address: _____

Father's Name: _____ Employer: _____

Father's Cell/Pager: _____ Work Phone: _____

Mother's Name: _____ Employer: _____

Mother's Cell/Pager: _____ Work Phone: _____

Family Physician: _____ Office Number: _____

Emergency contact in case parent/guardian cannot be reached:

Name: _____ Relationship: _____

Home Phone: _____ Work Phone: _____

Medical History

Does your child have a previous history of:

Insurance Information

Insured's Name: _____

	Yes	No	
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Bone/joint injury/disease?..... Insurance Company: _____

Neck injury?..... Group #: _____

Being unconscious/knocked out?..... Policy #: _____

Seizures/convulsions?..... PPO or HMO: _____

Frequent headaches?.....

Bleeding/blood disorders?.....

Heat illness?.....

Allergies (seasonal, insects)?.....

Allergies (medication)?

Heart disease?.....

High blood pressure?.....

Heart murmur?

Viral infection (mono)?.....

Eye/vision problems?

Missing/non-functioning limb?.....

Asthma?.....

Emotional disturbances?

Take medication?

Had surgery in the past year?.....

Currently under physician's care?.....

Wearing contacts/glasses?.....

Explain all Yes answers:

I hereby understand that this form is for tryout use only and once tryouts are over I must have a complete physical on file in the training room to participate with the squad.

If in the judgment of any representative of the school, the above student should need immediate care and treatment as a result of any injury or sickness, I do hereby request, authorize, and consent to such care and treatment as may be given to the said student by any physician, athletic trainer, nurse, hospital, or school representative: and I do hereby indemnify and save harmless the school and any school representative from any claim by any person whomsoever on account of such care and treatment of said student.

Note: You will not be covered by the Conroe ISD insurance plan during tryouts. Any injury that occurs will be the responsibility of the parent/guardian.

Student's Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

THE WOODLANDS HIGH SCHOOL

2017-2018 HIGHSTEPPER DRILL TEAM SELECTION

The Highsteppers of The Woodlands High School will consist of girls grades 9-12. Any student wishing to gain membership in this dance team must meet the eligibility requirements and try out before a panel of judges. The judges will select all candidates who demonstrate the required level of skill on the tryout dances. In addition to dance ability and technique, the candidates will be judged on their appearance, poise, showmanship and **flexibility** (high kicks).

ELIGIBILITY:

In order to be eligible to try-out for The Woodlands Highsteppers, a candidate must:

1. Have a minimum semester grade average of 70, **with no more than one permanent "F" on candidate's transcript.**
2. Be in good standing in the Grade Level Principals office. (No reoccurring behavioral problems). "Good Standing" to be determined by the Grade Level Principal.
3. Have a good attendance record that complies with the District attendance policy.
4. Attend the learning/practice sessions prior to try outs. Absences from learning sessions can only be excused by the director.
5. Provide transportation to and from practice sessions at the time stated under "practice schedule".
6. Try out before a panel of judges on date set.
7. Because of the vigorous nature of the physical activity required of drill team members, each candidate should be in excellent physical condition.
8. Prior to try outs, each candidate must have on file with the director the following information:
 - a. Highstepper application form(**due Tues., April 18**)
 - b. Parent permission form(**due Tues., April 18th**)
 - c. Parent medical release form(**due Tues., April 18**)-**present Highsteppers and Highland Girls or any candidate with current physical on file with the trainers do not need a medical release.**
 - d. Copy of most recent report card or print out of all grades including 1st semester (**due Tues., April 19**)-**Present Highsteppers not included-grades checked on a regular basis by Director**
****the entire year's grades MUST be included not just current 9 week**

PRACTICE SCHEDULE: All learning / practice sessions will be held at McC or Sr. High Campus gyms. Candidates will provide their own transportation .

Fri. Mon-Wed 4/21,4/24-26 7:00-8:25/3:00-4:25 McC/TWHS Gym

PRACTICE TRY OUTS: Thur.-Fri. 4/27-4/28 4:15 – 6:00 TWHS Gym

JUDGING: Sat. April 29 7:30 am - 1:00 p.m. TWHS Gym

RESULTS POSTED: Sun. April 30 By 5:00 p.m. TWHS Website Deanna Smith Web Page

MANDATORY MEMBER MEETING: Tuesday May 19th 6:00 pm TWHS Location TBA

(Attach Photo)

HIGHSTEPPER APPLICATION

CIRCLE GRADE NEXT YEAR 9 10 11 12

DATE

NAME _____

SCHOOL PRESENTLY ATTENDING _____

PARENTS NAME _____

PARENT EMAIL _____

HOME PHONE _____ PARENT CELL PHONE _____

STUDENT CELL PHONE _____ EMAIL _____

MAILING ADDRESS _____

CITY _____ ZIP _____

DATE OF BIRTH _____

HAVE YOU HAD ANY DANCE, BATON, MUSIC, CHEERLEADING, DRILL TEAM, GYMNASTICS TRAINING, OR EXPERIENCE? IF SO, PLEASE LIST WHERE, WHEN AND HOW MUCH:

PLEASE ATTACH A PICTURE OF YOURSELF IN THE TOP RIGHT HAND CORNER. (For recognition purposes)

**THIS APPLICATION MUST BE TURNED IN TO THE FRONT OFFICE OF JR. HIGH,
9th GRADE CAMPUS OR MS. SMITH BY: TUESDAY APRIL 18, 2017.**

PARENT TRYOUT PERMISSION

Dear Parents,

Your daughter has expressed her desire to participate as a member of The Woodlands Highsteppers Dance Team. Before she can be considered as a candidate, we must have a signed permission form from you indicating that she will receive your cooperation, support and understanding in meeting her responsibilities as a member. If a girl becomes a member of the Highsteppers, she will be required to continue to meet the eligibility requirements through the remainder of this year as well as future years as a Highstepper.

Each Member shall be expected to:

- Attend practice sessions during the summer and provide own transportation to and from these sessions.
- Maintain a high standard of character, exhibiting strong leadership qualities of school and moral behavior.
- Be willing to abide by all rules and regulations set for the Highsteppers outlined in the Policies and Procedures.

-Attend practices and performances throughout the entire school year. There will be daily after school practices beginning the first day of school and continuing through the conclusion of football season (including playoffs). There will be daily after school practices from January through the completion of contest season around the first week of April. Practices may include some Saturdays in Sept.\Oct. and/or Feb.\Mar.

-New members are **strongly encouraged** to attend **New Member Summer Camp held June 5th-8th from 8:30 – 12:00 pm at the 9th campus**. The cost of the camp will be 150.00 There will be no overnight summer camp for new team members.

-BE WILLING TO ACCEPT THE OUTCOME OF PERFORMANCE TRYOUTS PRIOR TO EVERY PERFORMANCE.

-Have a yearly physical examination as well as proof of medical insurance on file with The Woodlands High training office. ****PHYSICALS ARE TO BE RENEWED EACH YEAR****

***Conroe Independent School District will provide a field uniform, but each member must furnish her own day uniforms, shoes, hair ribbons, practice uniforms, etc. at her own expense.

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DATE _____ PARENT SIGNATURE _____
STUDENT SIGNATURE _____

**PERMISSION SLIP MUST BE TURNED IN TO THE FRONT OFFICE OF JR. HIGH OR MS. SMITH BY:
Tues., April 18th, 2017**

TUESDAY, APRIL 18TH, 2017